

Psalm and Readings Thursday 12th February 2026

Psalm 62

- 1 For God alone my soul waits in silence;
from him comes my salvation.
- 2 He alone is my rock and my salvation,
my fortress; I shall never be shaken.
- 3 How long will you assail a person, will you
batter your victim, all of you, as you would a
leaning wall, a tottering fence?
- 4 Their only plan is to bring down a person of
prominence.
They take pleasure in falsehood;
they bless with their mouths,
but inwardly they curse.
- 5 For God alone my soul waits in silence,
for my hope is from him.
- 6 He alone is my rock and my salvation,
my fortress; I shall not be shaken.
- 7 On God rests my deliverance and my honour;
my mighty rock, my refuge is in God.
- 8 Trust in him at all times, O people;
pour out your heart before him;
God is a refuge for us.
- 9 Those of low estate are but a breath,
those of high estate are a delusion;
in the balances they go up;
they are together lighter than a breath.
- 10 Put no confidence in extortion,
and set no vain hopes on robbery; if riches
increase, do not set your heart on them.
- 11 Once God has spoken; twice have I heard this:
that power belongs to God,
- 12 And steadfast love belongs to you, O Lord.
For you repay to all according to their work.

Genesis 32:3-30

Jacob sent messengers before him to his brother Esau in the land of Seir, the country of Edom, instructing them, 'Thus you shall say to my lord Esau: Thus says your servant Jacob, "I have lived with Laban as an alien, and stayed until now; and I have oxen, donkeys, flocks, male and female slaves; and I have sent to tell my lord, in order that I may find favour in your sight."'

The messengers returned to Jacob, saying, 'We came to your brother Esau, and he is coming to meet you, and four hundred men are with him.' Then Jacob was greatly afraid and distressed; and he divided the people that were with him,

and the flocks and herds and camels, into two companies, thinking, 'If Esau comes to one company and destroys it, then the company that is left will escape.'

And Jacob said, 'O God of my father Abraham and God of my father Isaac, O Lord who said to me, "Return to your country and to your kindred, and I will do you good", I am not worthy of the least of all the steadfast love and all the faithfulness that you have shown to your servant, for with only my staff I crossed this Jordan; and now I have become two companies. Deliver me, please, from the hand of my brother, from the hand of Esau, for I am afraid of him; he may come and kill us all, the mothers with the children. Yet you have said, "I will surely do you good, and make your offspring as the sand of the sea, which cannot be counted because of their number."'

So he spent that night there, and from what he had with him he took a present for his brother Esau, two hundred female goats and twenty male goats, two hundred ewes and twenty rams, thirty milch camels and their colts, forty cows and ten bulls, twenty female donkeys and ten male donkeys. These he delivered into the hand of his servants, each drove by itself, and said to his servants, 'Pass on ahead of me, and put a space between drove and drove.' He instructed the foremost, 'When Esau my brother meets you, and asks you, "To whom do you belong? Where are you going? And whose are these ahead of you?" then you shall say, "They belong to your servant Jacob; they are a present sent to my lord Esau; and moreover he is behind us."' He likewise instructed the second and the third and all who followed the droves, 'You shall say the same thing to Esau when you meet him, and you shall say, "Moreover your servant Jacob is behind us."' For he thought, 'I may appease him with the present that goes ahead of me, and afterwards I shall see his face; perhaps he will accept me.' So the present passed on ahead of him; and he himself spent that night in the camp.

The same night he got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. He took them and sent them across the stream, and likewise everything that he had. Jacob was left alone;

and a man wrestled with him until daybreak. When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled with him. Then he said, 'Let me go, for the day is breaking.' But Jacob said, 'I will not let you go, unless you bless me.' So he said to him, 'What is your name?' And he said, 'Jacob.' Then the man said, 'You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed.' Then Jacob asked him, 'Please tell me your name.' But he said, 'Why is it that you ask my name?' And there he blessed him. So Jacob called the place Peniel, saying, 'For I have seen God face to face, and yet my life is preserved.'

Titus 2

But as for you, teach what is consistent with sound doctrine. Tell the older men to be temperate, serious, prudent, and sound in faith, in love, and in endurance.

Likewise, tell the older women to be reverent in behaviour, not to be slanderers or slaves to drink; they are to teach what is good, so that they may encourage the young women to love their husbands, to love their children, to be self-controlled, chaste, good managers of the household, kind, being submissive to their husbands, so that the word of God may not be discredited.

Likewise, urge the younger men to be self-controlled. Show yourself in all respects a model of good works, and in your teaching show integrity, gravity, and sound speech that cannot be censured; then any opponent will be put to shame, having nothing evil to say of us.

Tell slaves to be submissive to their masters and to give satisfaction in every respect; they are not to answer back, not to pilfer, but to show complete and perfect fidelity, so that in everything they may be an ornament to the doctrine of God our Saviour.

For the grace of God has appeared, bringing salvation to all, training us to renounce impiety and worldly passions, and in the present age to live lives that are self-controlled, upright, and godly, while we wait for the blessed hope and the

manifestation of the glory of our great God and Saviour, Jesus Christ. He it is who gave himself for us that he might redeem us from all iniquity and purify for himself a people of his own who are zealous for good deeds.

Declare these things; exhort and reprove with all authority. Let no one look down on you.

The Collect of the Day

Almighty God,
you have created the heavens and the earth
and made us in your own image:
teach us to discern your hand in all your works
and your likeness in all your children;
through Jesus Christ your Son our Lord,
who with you and the Holy Spirit reigns supreme
over all things,
now and for ever.